

BY SHANON LEE

DIARY OF THE  
GIRL WHO  
DIDN'T BELONG

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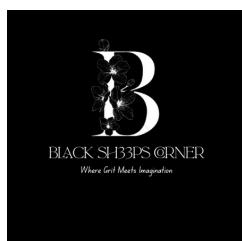
For permission requests, please contact:  
[readShannonLee@gmail.com](mailto:readShannonLee@gmail.com)

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**When was the first time you realized you were  
“different” from the people around you?**



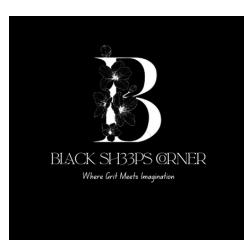
**Describe the moment you stopped feeling safe being yourself.**



# **What lie did you believe about your worth, and who gave it to you?**



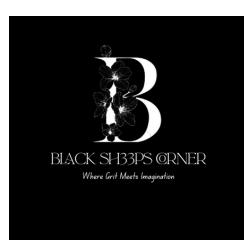
# What parts of yourself did you hide to be accepted?



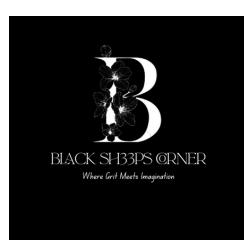
**Write a letter to your younger self. Tell her what they never said.**



**Who saw you when you didn't know you could  
be seen? What did that moment feel like?**



**Write a diary entry from the perspective of your “forgotten” self. Let her speak.**

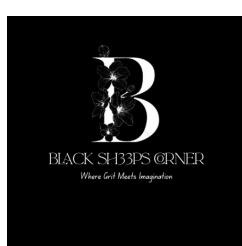




# What does belonging look like for you now?



# What stories from your past are still shaping how you see yourself? Rewrite one.



# Rewrite another one.



**End with this entry: “They didn’t choose me, but I did.”**

**This is your moment to reclaim the version of you that was left out, overlooked, or made to feel invisible. Think about every space you weren’t invited into, every moment someone made you question your worth, every time you tried to earn love that should’ve been freely given.**

**Now flip it.**

**This entry isn’t about proving your value to them. It’s about honoring the fact that you kept going anyway. It’s about choosing yourself, fully and without apology.**  
**Let this be the closing page of a chapter where you stop waiting for validation and start walking in your own power.**

